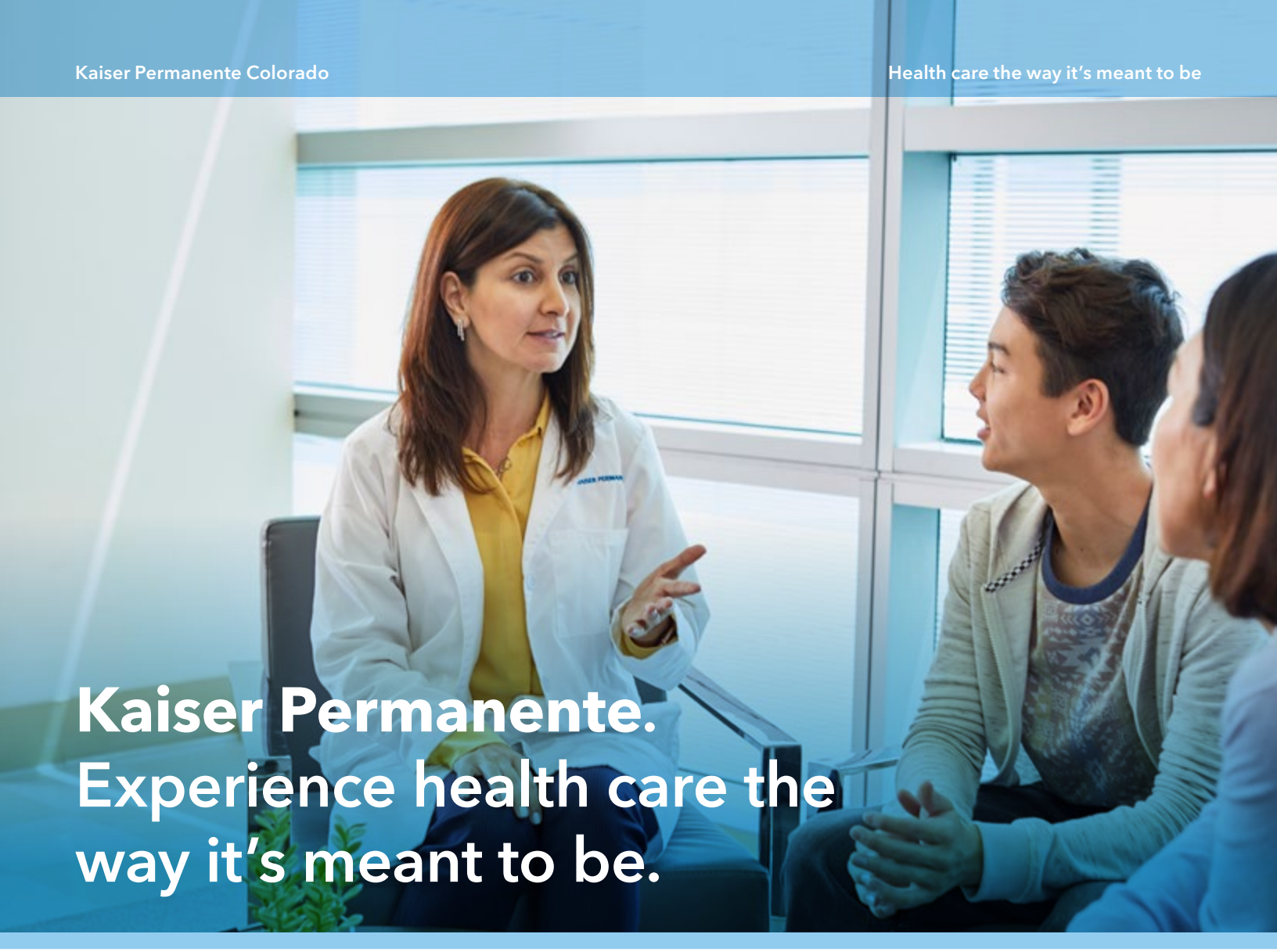

Kaiser Permanente. Experience health care the way it's meant to be.

Why choose Kaiser Permanente Colorado? Because we provide health care and coverage together. So it's simpler. Easier. Better.

- **We coordinate your care so you don't have to**. With Kaiser Permanente, you're choosing more than just high-quality care and coverage. You're choosing the peace of mind that comes from knowing that all your Kaiser Permanente doctors and providers have your medical history at their fingertips to provide you with coordinated care.
- **And now it's more convenient than ever to get care in your home, at work, or even while on a road trip**. What's better than knowing you can get personalized health care—when and where you need it—from doctors who know you?

3 reasons to choose Kaiser Permanente

1. Medical excellence
2. Care from virtually anywhere
3. Easier access to in-person care

See back page for more.

3 reasons to choose Kaiser Permanente's health care and coverage

1. MEDICAL EXCELLENCE

Get great care, from top doctors. Year after year, Kaiser Permanente doctors are recognized for medical excellence. This year, Kaiser Permanente physicians made up 121 of the "Top Doctors" recognized by *5280* magazine. We've also earned recognition from NCQA as Colorado's highest-rated health plan.[1]

2. YOU CAN GET CARE FROM VIRTUALLY ANYWHERE

Life doesn't keep office hours. Neither should your care. So, we make it easy to get medical advice or have a doctor's visit from the comfort of your home or workplace. Whether it's 2 a.m., 2 p.m., or any time in between, we've got you covered.

Chat online[3]

Get medical advice online in real time from a Kaiser Permanente doctor or mental health specialist, or chat with a financial counselor or pharmacist.

24/7 medical advice

Call the Clinical Contact Center to get medical guidance any time, day or night.

Email[2]

Message your doctor's office anytime with nonurgent questions.

E-visits

Fill out an online questionnaire for select conditions to receive a care plan or medical advice.

Scheduled phone and video visits[2,3]

Save a trip to the doctor's office by scheduling a phone or video visit with your doctor.

On-demand video visits[3]

Visit with a doctor at any time, 24/7, by video.

3. WHEN YOU NEED IN-PERSON CARE, WE MAKE THAT EASY TOO

Care under one roof. Do more in less time. At most Kaiser Permanente medical offices, you can see a doctor, pick up a prescription, and get an X-ray or lab test, all in a single trip.

Wide choice of providers. Choose your Kaiser Permanente doctor from one of the largest multispecialty medical groups in Colorado. You can also get care from affiliated providers. If your needs change, you can make a change. Anytime. Visit **kp.org/locations** to find plan providers near you.

Urgent and emergency care

- If you live in the Denver/Boulder area, Longmont, or Colorado Springs, you can get urgent care at home by requesting a visit from **DispatchHealth**.
- Visit our **urgent care facilities** at select Kaiser Permanente medical offices or visit affiliated locations across the Front Range.
- And if you need **emergency care**, you're covered anywhere in the world.

1. NCQA's Private Health Insurance Plan Ratings 2019–20, National Committee for Quality Assurance, 2019.
2. These services are available when you see Kaiser Permanente providers. Check with your doctor to see if video visits are available to you.
3. No cost for most health plans. HSA-qualified high deductible health plan (HDHP) members must meet your deductible first before chat online, phone and video visits are provided at no cost.

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