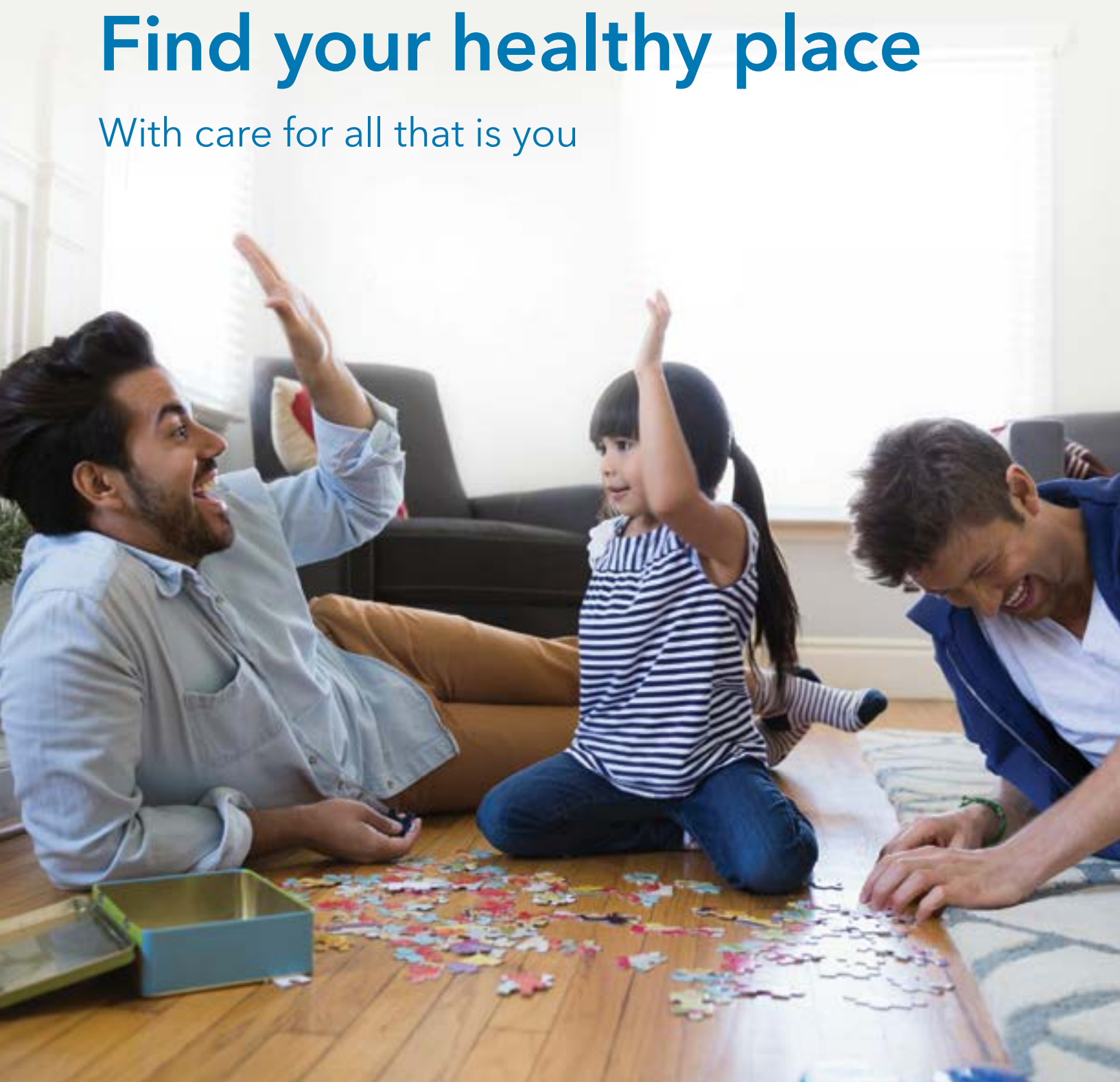


# Find your healthy place

With care for all that is you



# Go where you feel like your best self

We can help you get to your healthy place – no matter where it is. Care at Kaiser Permanente feels easier and faster, with the help of connected caregivers, more ways to get care, and support for a healthy mind, body, and spirit. Welcome to care for all that is you.

## Important open enrollment dates for 2023

- The open enrollment period for 2023 coverage runs from November 1, 2022, through January 15, 2023.
- You can change or apply for coverage through Kaiser Permanente, or we can help you apply through Connect for Health Colorado.
- For coverage that starts on January 1, 2023, we must receive your Application for health coverage no later than December 15, 2022.

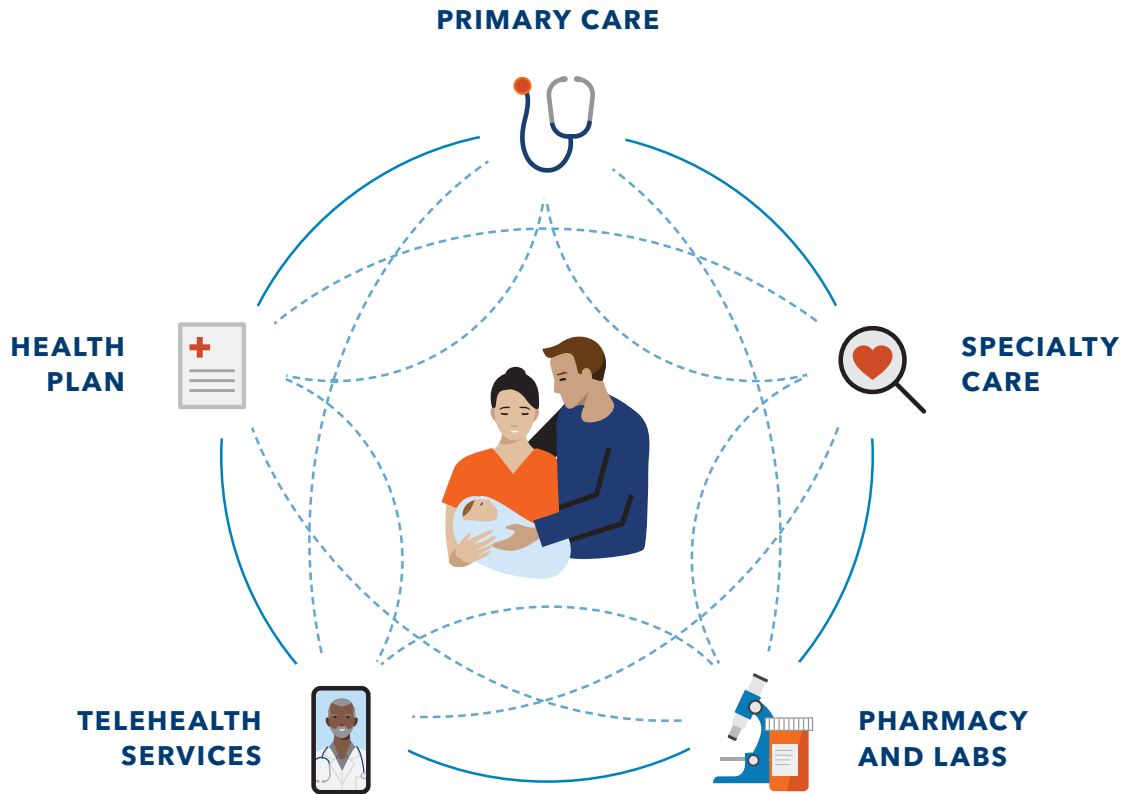
## Enrolling during a special enrollment period

- Are you getting married, moving, or losing your health coverage? You can also enroll or change your coverage at other times throughout the year if you have a qualifying life event.
- Visit [kp.org/speciaenrollment](https://kp.org/speciaenrollment) for a list of qualifying life events and instructions.

### Want to talk? We're here to help.

A Kaiser Permanente enrollment specialist can answer your questions – like where to get care or what healthy extras are included. Call **1-800-494-5314 (TTY 711)**.





## Built to make your life easier

Kaiser Permanente combines care and coverage – which makes us different than your other health care options. Your doctors, hospitals, and health plan work together to make high-quality health care easier to get. That means you'll have peace of mind knowing care for your total health is there when and where you need it – from your doctor's office to your living room.

To see what it's like to be a member, visit [kp.org/myhealthyplace](https://kp.org/myhealthyplace).

"I really appreciate the coordination of care. Every doctor and specialist can access my records, and I don't have to waste valuable time repeating medical histories."

–Lisa, Kaiser Permanente member

# Care centered around you

Care at Kaiser Permanente isn't one-size-fits-all. Our physician-led teams work together to make sure the care you get is tailored to your needs. Your Kaiser Permanente care team is part of the same network, making it easier to share information, see your health history, and deliver high-quality, personalized care – when and where you need it.

## Your healthy place should reflect all that is you

We believe your story, background, and values are as important as your health history. To help deliver care that's sensitive to your culture, ethnicity, and lifestyle, we:

- Hire doctors and staff who speak more than one language
- Offer phone interpretation services in more than 150 languages
- Improved health outcomes among diverse populations for conditions like high blood pressure, diabetes, and colon cancer<sup>1</sup>

## Get care with the help of your electronic health record



**Share your health history** and any concerns with your personal doctor.



**Your doctor coordinates your care**, so you don't have to worry about where to go or who to call next.



**Future care teams** have a full picture of your Kaiser Permanente health history – without you having to repeat your story.



**With your health records in hand**, your care team knows your needs in the moment and reminds you to schedule checkups and tests. Plus, you can view your records 24/7.

# Convenient ways to get care

Same-day, next-day, and weekend appointments are available at most locations, and by phone and video.<sup>2</sup>



Visit us in person at a location near you.



Talk to a health care professional by phone or video.<sup>2</sup>



## 24-hour virtual care on your schedule

If a trip to the doctor's office doesn't fit your schedule, it's easy to get fast, personalized support – daytime, nighttime, anytime.

- Schedule a phone or video visit with a doctor or clinician.<sup>2</sup>
- Get 24/7 care advice by phone.
- Email your Kaiser Permanente doctor's office with nonurgent questions.
- Use our e-visit questionnaire to get personalized care advice for certain conditions, order many tests, and get some prescriptions online.
- Chat online with a Kaiser Permanente clinician or mental health specialist.<sup>14</sup>

**When connecting to care virtually, you may save money as well as time. Telehealth is covered at no cost with most plans.<sup>3</sup>**



## Prescription delivery

Fill prescriptions online or with the Kaiser Permanente app.<sup>4</sup>

- Have most delivered directly to your front door.
- Get same-day or next-day delivery for an additional fee.<sup>5</sup>
- Order them for same-day pickup.



## Kaiser Permanente app

Manage your health 24/7 with our app. It's an easy, convenient way to do everything described above – anytime, anywhere.<sup>6</sup>

## Care away from home

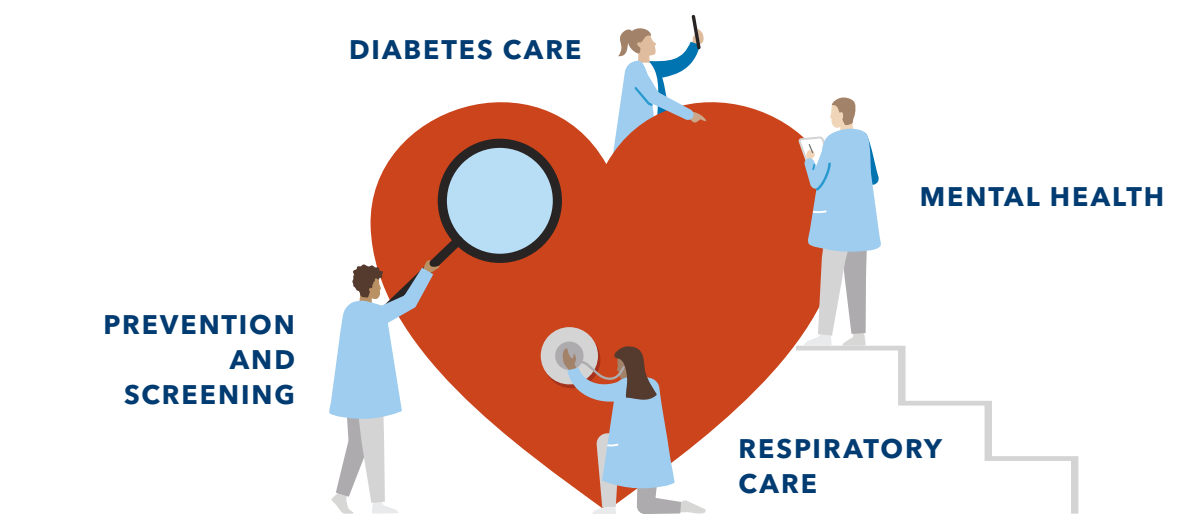
You're covered for urgent and emergency care anywhere in the world. And if you're planning to travel, we can help you stay on top of your health when you're away from home. We'll work with you to see if you need a vaccination, refill prescriptions, and more.



# Industry-leading clinical quality

We're known for catching problems early with preventive care. But if your health needs serious attention, our specialty care has you covered.

In 2021, Kaiser Permanente led the nation as the top performer in 42 effectiveness-of-care measures. The closest national competitor led in only 14.<sup>7</sup>



## Specialty care when you need it

No matter your needs – mental health, maternity, cancer care, heart health, and more – you'll have access to great doctors, advanced technology, and evidence-based care to help you recover quickly.

### A collaborative approach to care

With one of the largest multispecialty medical groups in the country, we can help connect you with the right specialist who'll create a personalized plan for your care. To learn how our specialists work together in a connected system, visit [kp.org/specialtycare](https://kp.org/specialtycare).

### Support for ongoing conditions

If you have a condition like diabetes or heart disease, you can enroll in a disease management program for personal coaching and support. With a well-rounded approach backed by proven best practices and advanced technology, we'll help you get the care you need to continue living life to the fullest.

# A better experience from the start

We guide you through each step of joining Kaiser Permanente, so you get the care you need without missing a beat.



## Search profiles to find the right doctor

Our online doctor profiles let you browse the many doctors and locations in your area, even before you enroll. So you can join knowing you've found a doctor who fits your needs.



## Transition your care

Easily move prescriptions and schedule a visit with a doctor who's close to your home, work, or school. From day one, you'll have the support you need to help reach your health goals.

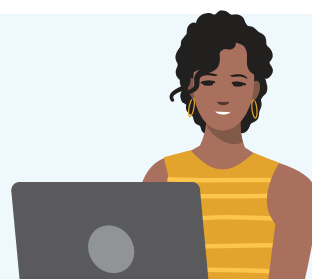


## Connect to care online

After you enroll, create an account at [kp.org](https://kp.org) and download the Kaiser Permanente app.<sup>6</sup> Then manage your health on your schedule – whenever, wherever.

## Health care doesn't have to be confusing

If you don't know an HMO from an HSA, you're not alone. But rest assured – we're here to make health care easier to understand. Get help learning the basics at [kp.org/learnthebasics](https://kp.org/learnthebasics).



# Making the most of your membership

Good health goes beyond the doctor's office. Find your healthy place by exploring some of the convenient features and extras available to members.<sup>8</sup> Many of these resources are available at no additional cost.



## 24/7 Emotional Support

The Ginger app provides 24/7 emotional-support coaching via text at no additional cost and without a referral.<sup>15</sup>



## Reduced rates on gym memberships

Stay active by joining a local fitness center, plus enjoy thousands of digital workout videos.



## Healthy lifestyle programs

Connect to better health with online programs to help you lose weight, quit smoking, reduce stress, and more.



## Wellness coaching

Get help reaching your health goals by working one-on-one with a wellness coach by phone.

## Extras for your total health



Use meditation and mindfulness to build mental resilience, reduce stress, and improve sleep.



Set mental health goals, track progress, and get support managing depression, anxiety, and more.



Choose from thousands of on-demand workout videos and get reduced rates on livestream and in-person classes.



# Care meets you where you are

When you're a member, you get access to our doctors and facilities – conveniently located near where you live, work, and play. And when you can't come to us, you can get the care you need when you need it.<sup>2</sup>

117.8M

## VIRTUAL CONNECTIONS

between members and their care teams in 2021<sup>9</sup>



12.6M

## MEMBERS

covered for care needs in mind and body



23,656

## DOCTORS AND SPECIALISTS

connected to easily share the latest medical advancements



42.5M

## PRESCRIPTION DELIVERIES

to members' homes in 2021



773

## HOSPITALS AND MEDICAL OFFICES

with many services often under one roof, so you can get everything done quickly



9

## AREAS

to get Kaiser Permanente care in person – California, Colorado, Georgia, Hawaii, Maryland, Oregon, Virginia, Washington, and Washington, D.C.



## Your choice of doctors and locations

Visit [kp.org/doctors](https://kp.org/doctors) to see all Kaiser Permanente locations near you and browse our online doctor profiles. You can choose your personal doctor and change anytime, for any reason.



Doctor and facility counts include affiliated medical professionals and locations. These statistics are from multiple Kaiser Permanente locations in various states.

# Choosing your health plan

We offer a variety of plans to help fit your needs and budget. All of them offer the same quality care, but the way they split the costs is different.

## Network options

Kaiser Permanente offers 2 network options for health plans in the Denver/Boulder area, with a single network offering for plans in Colorado Springs, Pueblo, and Northern Colorado.

**With both the Kaiser Permanente Colorado and the Kaiser Permanente Select<sup>11</sup> networks, members can receive care:**

- From primary care providers and specialists at any of the 30 Kaiser Permanente medical offices throughout Colorado, including our state-of-the-art Premier Medical Offices in Colorado Springs.
- Through Kaiser Permanente's robust offering of virtual options, including online Chat and 24/7 on-demand video visits.

**If you live in Colorado Springs or the surrounding area,** your plan will be in the KP Select network. As a KP Select member, you'll have the choice of 1,100+ Kaiser Permanente providers and 1,400+ affiliated physicians,<sup>12</sup> as well as several hospitals<sup>13</sup> in the Colorado Springs and Denver/Boulder areas.

**In Denver/Boulder you have 2 network options. The Kaiser Permanente Colorado network** is the option for individuals and families who would like a greater choice among affiliated providers<sup>12</sup> and hospitals. For those looking for an option where their premiums may be lower, **KP Select<sup>11</sup>** offers a more tailored network of affiliated providers and hospitals.<sup>13</sup> **In Pueblo and Northern Colorado,** your plan will be in the **Kaiser Permanente Colorado network.** The Select tailored network is not available in your area.

For information about doctors and locations in your area, go to [kp.org/doctors](https://kp.org/doctors). To see if the Select network is available in your area, visit [kp.org/kpselect/co](https://kp.org/kpselect/co).

## Copay plans – gold

Copay plans are the simplest. You know in advance how much you'll pay for care like doctor visits and prescriptions. This amount is called your copay. Your monthly premium is higher, but you'll pay much less when you get care.

## Deductible plans – gold, silver, bronze, and catastrophic

With a deductible plan, your monthly premium is lower, but you'll need to pay the full charges for most covered services until you reach a set amount, known as your deductible. Then you'll start paying less – a copay or coinsurance. Depending on your plan, some services, like office visits or prescriptions, may be available at a copay or coinsurance before you reach your deductible.

## HSA-qualified high deductible health plans – silver and bronze

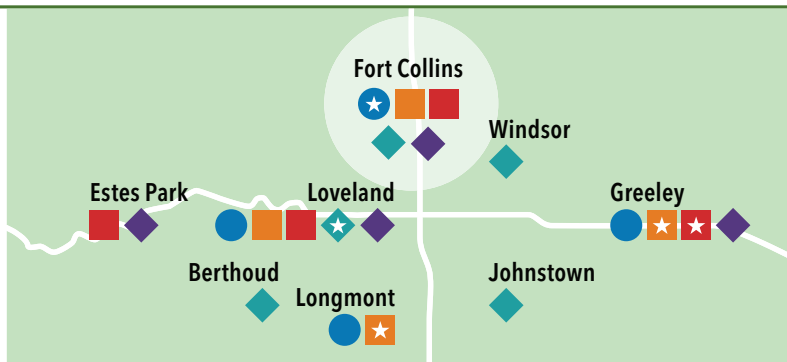
HSA-qualified deductible plans are deductible plans with a special feature. With this plan, you can set up a health savings account (HSA) to pay for health costs like copays, coinsurance, and deductible payments. And you won't pay federal taxes on the money in this account. You can use your HSA anytime to pay for care, including some services that may not be covered by your plan, such as eyeglasses or adult dental.<sup>10</sup> And if you have money left in your HSA at the end of the year, it will roll over for you to use the next year.

# Find a facility near you

Our goal is to make it as easy and convenient as possible for you to get the care you need when you need it. Please refer to the map below or visit [kp.org/facilities](https://kp.org/facilities) to find the one nearest you.

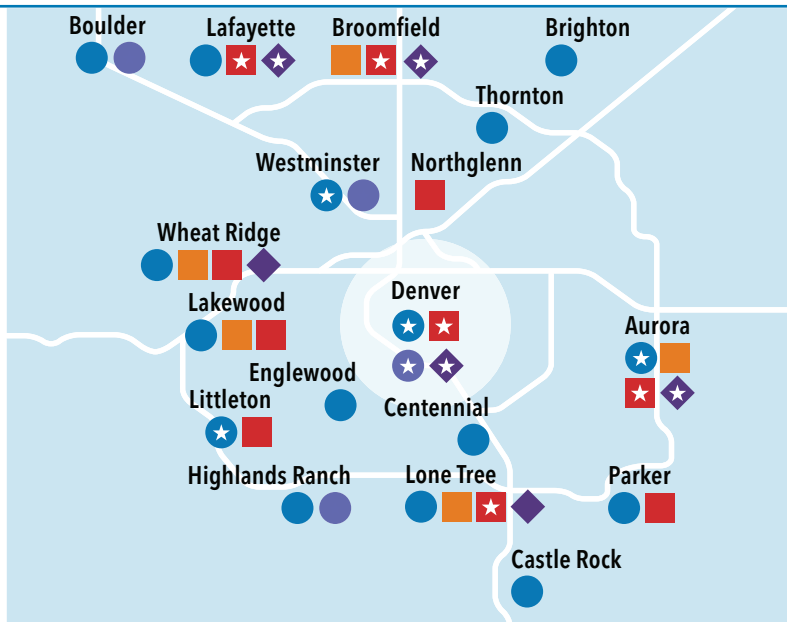
## Northern

5	Kaiser Permanente medical offices	●
6	Affiliated providers with extended hours	◆
6	Urgent care facilities	■
5	Emergency care facilities	■
4	Affiliated hospital/in-patient care	◆



## Central

20	Kaiser Permanente medical offices	●
5	Urgent care facilities	■
16	Emergency care facilities	■
5	Behavioral health offices	●
9	Affiliated hospital/in-patient care	◆



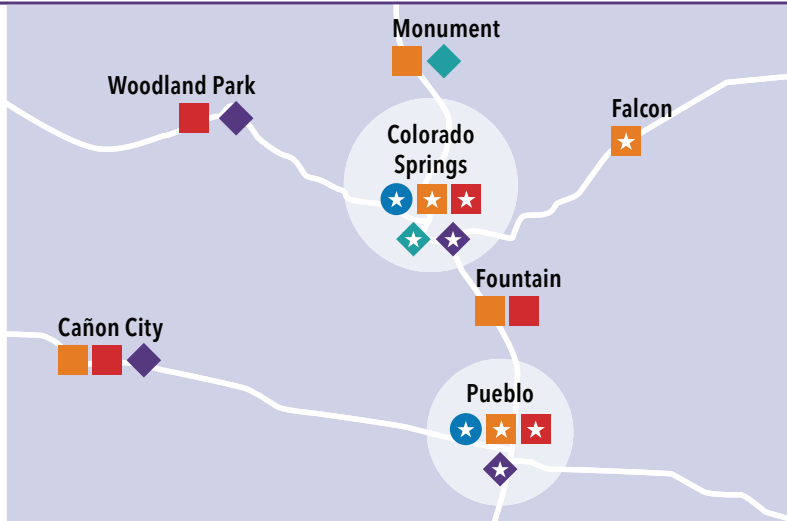
## Find doctors and locations across Colorado



There are **1,100+** Kaiser Permanente providers, and **12,300+** affiliated providers at locations across Colorado.<sup>1</sup> For a full list of providers included in your plan, visit [kp.org/locations](https://kp.org/locations).

## Southern

5	Kaiser Permanente medical offices	●
3	Affiliated providers with extended hours	◆
23	Urgent care facilities	■
15	Emergency care facilities	■
9	Affiliated hospital/in-patient care	◆



★ Indicates multiple facilities

1. Choice of providers varies by plan, service area, and availability at the time of selection and is subject to change. Provider and location information is current at the time of publication and is subject to change. In an emergency, call **911** or go to the nearest emergency department.

# Kaiser Permanente Medical Offices

All Kaiser Permanente Medical Offices are in-network for KP Select plans.

## Central

### Aurora

**Aurora Centrepoint**  
14701 E. Exposition Ave.  
Aurora, CO 80012

**Smoky Hill**  
16290 E. Quincy Ave.  
Aurora, CO 80015

### Boulder

**Baseline**  
580 Mohawk Drive  
Boulder, CO 80303

### Brighton

**Brighton**  
859 S. 4th Ave.  
Brighton, CO 80601

### Castle Rock

**Castle Rock**  
4318 Trail Boss Drive  
Castle Rock, CO 80104

### Centennial

**Arapahoe**  
5555 E. Arapahoe Road  
Centennial, CO 80122

### Denver

**East Denver**  
10400 E. Alameda Ave.  
Denver, CO 80247

### Franklin

2045 Franklin St.  
Denver, CO 80205

### Midtown Med. Office Building

1960 N. Ogden St.  
Denver, CO 80218

### Skyline

1375 E. 20th Ave.  
Denver, CO 80205

### Englewood

**Englewood**  
2955 S. Broadway  
Englewood, CO 80113

### Highlands Ranch

**Highlands Ranch**  
9285 Hepburn St.  
Highlands Ranch, CO 80129

### Lafayette

**Rock Creek**  
280 Exempla Circle  
Lafayette, CO 80026

### Lakewood

**Lakewood**  
8383 W. Alameda Ave.  
Lakewood, CO 80226

### Littleton

**Ken Caryl**  
7600 Shaffer Parkway  
Littleton, CO 80127

### Southwest

5257 S. Wadsworth Blvd.  
Littleton, CO 80123

### Lone Tree

**Lone Tree**  
10240 Park Meadows Drive  
Lone Tree, CO 80124

### Parker

**Parker**  
10168 Parkglenn Way  
Parker, CO 80138

### Westminster

**Hidden Lake**  
7701 Sheridan Blvd.  
Westminster, CO 80003

### Westminster

11245 Huron St.  
Westminster, CO 80234

### Wheat Ridge

**Wheat Ridge**  
4803 Ward Road  
Wheat Ridge, CO 80033

## Northern

### Fort Collins

**Fort Collins**  
2950 E. Harmony Road, Suite 190  
Fort Collins, CO 80528

### Spring Creek

1136 E. Stuart St.,  
Building 3, Suite 200  
Fort Collins, CO 80525

### Greeley

**Greeley**  
2429 35th Ave.  
Greeley, CO 80634

### Longmont

**Longmont**  
2345 Bent Way  
Longmont, CO 80503

### Loveland

**Loveland**  
4901 Thompson Parkway  
Loveland, CO 80534-6426

## Southern

### Colorado Springs

**Briargate**  
4105 Briargate Parkway, Suite 125  
Colorado Springs, CO 80920

### Parkside

215 Parkside Drive  
Colorado Springs, CO 80910

### Premier

3920 North Union Blvd.  
Colorado Springs, CO 80907

### Pueblo

**Acero**  
2625 W. Pueblo Blvd.  
Pueblo, CO 81004

### Pueblo North

3670 Parker Blvd., Suite 200  
Pueblo, CO 81008

## Urgent Care

If you have an urgent care need, call us for advice. We can help you determine what type of care is most appropriate or help you schedule an appointment, if appropriate. Call **303-338-4545** or **1-800-218-1059 (TTY 711)**.

● In-network for members on KP Select plans.

## Central

### Aurora

**Aurora Centrepoint Medical Offices**  
14701 E. Exposition Ave.  
Aurora, CO 80012

### Lakewood

**Lakewood Medical Offices**  
8383 W. Alameda Ave.  
Lakewood, CO 80226

### Lone Tree

**Lone Tree Medical Offices**  
10240 Park Meadows Drive  
Lone Tree, CO 80124

**Pediatric care (only) available at the following facilities**

**Children's Hospital Colorado North Campus, Broomfield** ●  
469 W. State Highway 7  
Broomfield, CO 80023  
**720-777-1340**

**Children's Hospital Colorado, Wheat Ridge** ●  
3455 N. Lutheran Parkway, Suite 230  
Wheat Ridge, CO 80033  
**720-777-1370**

### Urgent Care at Home

DispatchHealth delivers high-quality health care to your home. Available 7 days a week, from 8 a.m.-10 p.m., **303-500-1518 (TTY 711)**. ●

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## Northern

### Fort Collins

**Banner Urgent Care**  
3617 S. College Ave., Suite C  
Fort Collins, CO 80525  
**970-821-1500**

### Greeley

**Banner Urgent Care**  
2015 35th Ave.  
Greeley, CO 80634  
**970-810-4155**

**NextCare Urgent Care**  
1011 39th Ave Suite A  
Greeley, CO 80634  
**970-351-8181**

### Loveland

**Banner Health Clinic –  
Skyline Urgent Care**  
2555 E. 13th St., Suite 110  
Loveland, CO 80537  
**970-820-4264**

### Longmont

**NextCare Urgent Care**  
2144 Main St., Suite 8  
Longmont, CO 80501  
**303-772-0041**

**UCHealth Urgent Care – Main Street**  
2101 Main Street  
Longmont, CO 80501  
**720-745-8030**

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## Southern

### Cañon City

**Centura Health Urgent Care**  
3245 East US Highway 50, Unit E  
Canon City, CO 81212  
**719-285-2888**

### Colorado Springs

**Alliance Urgent Care ●**  
9320 Grand Cordera Parkway,  
Suite 100  
Colorado Springs, CO 80924  
**719-282-6337**

**Centura Health Urgent Care**  
3027 N. Circle Drive  
Colorado Springs, CO 80909  
**719-776-3216**

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**Centura Health Urgent Care  
Broadmoor**  
1263 Lake Plaza Drive, Suite 120  
Colorado Springs, CO 80906  
**719-776-3330**

**Centura Health Urgent Care  
Powers Pointe**  
5607 Barnes Road, Suite 140  
Colorado Springs, CO 80917  
**719-776-3750**

**Concentra Urgent Care ●**  
2322 S. Academy Blvd.  
Colorado Springs, CO 80916  
**719-390-1727**

**Concentra Urgent Care ●**  
4083 Austin Bluffs Parkway  
Colorado Springs, CO 80918  
**719-594-0046**

**Concentra Urgent Care ●**  
402 W. Bijou St.  
Colorado Springs, CO 80905  
**719-302-6942**

**Concentra Urgent Care ●**  
5320 Mark Dabling Blvd.  
Building 7, Suite 100  
Colorado Springs, CO 80918  
**719-592-1584**

**Concentra Urgent Care ●**  
6011 E Woodmen Road, Suite 100  
Colorado Springs, CO 80923  
**719-571-8888**

**UCHealth Urgent Care ●**  
1035 Garden of the Gods Road,  
Suite 120  
Colorado Springs, CO 80907  
**719-329-1000**

**UCHealth Urgent Care ●**  
4323 Integrity Center Point  
Colorado Springs, CO 80917  
**719-591-2558**

**UCHealth Urgent Care ●**  
2767 Janitell Road  
Colorado Springs, CO 80906  
**719-365-2888**

**UCHealth Urgent Care ●**  
13445 Voyager Parkway  
Colorado Springs, CO 80921  
**719-219-0333**

### Urgent Care at Home

DispatchHealth delivers high-quality health care to your home. Available 7 days a week, from 8 a.m.-10 p.m., **719-270-0805 (TTY 711)**. ●

## Falcon

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**Falcon Urgent Care ●**  
7475 McLaughlin Road  
Falcon, CO 80831  
**719-495-9994**

**UCHealth Urgent Care ●**  
11605 Meridian Market View, Suite 184  
Falcon, CO 80831  
**719-364-9560**

## Fountain

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**Centura Health Urgent Care Fountain**  
7955 Fountain Mesa Road  
Fountain, CO 80817  
**719-776-3737**

## Monument

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**Centura Health Urgent Care –  
Tri Lakes**  
17230 Jackson Creek Parkway,  
Suite 120  
Monument, CO 80132  
**719-571-7070**

## Pueblo

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**Concentra Urgent Care ●**  
4117 N. Elizabeth St.  
Pueblo, CO 81008  
**719-545-0788**

**Concentra Urgent Care ●**  
4112 Outlook Blvd, Suite 325  
Pueblo, CO 81008  
**719-562-6300**

**Southern Colorado Clinic, PC**  
3676 Parker Blvd., Suite 220  
Pueblo, CO 81008  
**719-553-2208**

**Southern Colorado Clinic, PC**  
3937 Ivywood Lane  
Pueblo, CO 81005  
**719-553-0111**

**Southern Colorado Clinic, PC**  
109 S Burlington Dr.  
Pueblo West, CO 81007  
**719-553-2200**

## Emergency Care

If you think you are experiencing an emergency medical condition, call **911** or, if time and safety permit, go to the nearest emergency room. Your care will be covered. For a complete definition of an emergency medical condition, please refer to your Evidence of Coverage, Membership Agreement, or Certificate of Insurance.

- In-network for members on KP Select plans.

### Central

#### Aurora

**HealthONE The Medical Center of Aurora-South Campus**  
1501 S. Potomac St.  
Aurora, CO 80012

#### Denver

**HealthONE Presbyterian/ St. Luke's Medical Center**  
1719 E. 19th Ave.  
Denver, CO 80218

#### SCL Health

**Saint Joseph Hospital** ●  
1375 E. 19th Ave.  
Denver, CO 80218

#### Englewood

**HealthONE Swedish Medical Center**  
501 E. Hampden Ave.  
Englewood, CO 80113

#### Lafayette

**SCL Health Good Samaritan Medical Center** ●  
200 Exempla Circle  
Lafayette, CO 80026

#### Lakewood

**HealthONE Swedish Belmar ER**  
260 S. Wadsworth Blvd.  
Lakewood, CO 80226

#### Littleton

**HealthONE Swedish Southwest ER**  
6196 S. Ammons Way  
Littleton, CO 80123

#### Lone Tree

**HealthONE Sky Ridge Medical Center**  
10101 RidgeGate Parkway  
Lone Tree, CO 80124

#### Northglenn

**SCL Health Saint Joseph Emergency Northglenn** ●  
11900 Grant St.  
Northglenn, CO 80233

#### Parker

**HealthONE Sky Ridge South Parker ER**  
12223 Pine Bluffs Way  
Parker, CO 80134

#### Thornton

**HealthONE North Suburban Northeast ER**  
12793 Holly St.  
Thornton, CO 80241

#### Wheat Ridge

**SCL Health Lutheran Medical Center** ●  
8300 W. 38th Ave  
Wheat Ridge, CO 80033

#### Pediatric care (only) available at the following facilities

**Children's Hospital Colorado Anschutz Medical Campus** ●  
13123 E. 16th Ave.  
Aurora, CO 80045

**Children's Hospital North Campus** ●  
469 W. State Highway 7  
Broomfield, CO 80023  
**720-777-1340**

**Rocky Mountain Hospital for Children**  
2001 N. High St.  
Denver, CO 80205

**HealthONE Sky Ridge Medical Center Pediatric ER**  
10101 Ridgeway Parkway  
Lone Tree, CO 80124  
**720-225-5439**

### Northern

#### Estes Park

**Estes Park Medical Center**  
555 Prospect Ave.  
Estes Park, CO 80517  
**970-586-2317**

#### Fort Collins

**Banner Fort Collins Medical Center**  
4700 Lady Moon Drive  
Fort Collins, CO 80528  
**970-821-4000**

#### Greeley

**Banner North Colorado Emergency Care**  
2000 70th Ave.  
Greeley, CO 80634  
**970-810-2636**

**Banner North Colorado Medical Center**  
1801 16th St.  
Greeley, CO 80631  
**970-810-4121**

#### Loveland

**Banner McKee Medical Center**  
2000 N. Boise Ave.  
Loveland, CO 80538  
**970-820-4640**

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## Southern

### Cañon City

**St. Thomas More Hospital**  
1338 Phay Ave.  
Cañon City, CO 81212  
**719-285-2000**

### Colorado Springs

**Children's Hospital Colorado, Colorado Springs** ●  
4090 Briargate Parkway  
Colorado Springs, CO 80920  
**719-305-1234**

**Penrose Hospital**<sup>2</sup>  
2222 N. Nevada Ave.  
Colorado Springs, CO 80907  
**719-776-5000**

**St. Francis Medical Center**<sup>2</sup>  
6001 E. Woodmen Road  
Colorado Springs, CO 80923  
**719-571-5000**

**UCHealth ER** ●  
3790 E. Woodmen Road  
Colorado Springs, CO 80920  
**719-264-5080**

**UCHealth Memorial Hospital Central** ●  
1400 E. Boulder St.  
Colorado Springs, CO 80909  
**719-365-6820**

**UCHealth Memorial Hospital North** ●  
4050 Briargate Parkway  
Colorado Springs, CO 80920  
**719-364-3368**

**UCHealth ER** ●  
13510 Meadowgrass Drive  
Colorado Springs, CO 80921  
**719-487-2060**

**UCHealth ER** ●  
2770 N. Powers Blvd.  
Colorado Springs, CO 80922  
**719-638-3000**

**UCHealth Grandview Hospital** ●  
5623 Pulpit Peak View  
Colorado Springs, CO 80918  
**719-272-3600**

### Fountain

**UCHealth ER** ●  
7890 Fountain Mesa Ridge  
Fountain, CO 80817  
**719-390-2680**

### Pueblo

**Parkview Medical Center**  
400 W. 16th St.  
Pueblo, CO 81003  
**719-584-4000**

**Parkview–Pueblo West Emergency Services**  
899 E. Industrial Blvd.  
Pueblo West, CO 81007  
**719-288-2100**

**St. Mary-Corwin Medical Center**  
1008 Minnequa Ave.  
Pueblo, CO 81004  
**719-557-4000**

### Woodland Park

**UCHealth Pikes Peak Regional Hospital** ●  
16420 W. U.S. Highway 24  
Woodland Park, CO 80863  
**719-687-9999**

## Extended Hours

*from affiliated providers*

● In-network for members on KP Select plans.

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## Northern

### Berthoud

**Banner Health Clinic–Berthoud**  
401 10th St.  
Berthoud, CO 80513  
**970-532-4910**

### Fort Collins

**Banner Health Clinic–Family Practice**  
702A W. Drake Road  
Fort Collins, CO 80526  
**970-821-4600**

### Johnstown

**Banner Health Clinic–Family Practice**  
222 Johnstown Center Drive  
Johnstown, CO 80534  
**970-587-4974**

### Loveland

**Banner Health Clinic–Southwest Loveland**  
1230 14th St. SW  
Loveland, CO 80537  
**970-820-3999**

**Banner Health Clinic–Columbine**  
2701 Madison Square Drive  
Loveland, CO 80537  
**970-820-5000**

### Windsor

**Banner Health Clinic–Windsor**  
1300 Main St.  
Windsor, CO 80550  
**970-686-5646**

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## Southern

### Colorado Springs

**Optum Medical Group (DaVita)** ●  
1633 Medical Center Point  
Colorado Springs, CO 80907  
**719-636-2999**

**Optum Medical Group (DaVita)** ●  
600 S. 21st St.  
Colorado Springs, CO 80903  
**719-635-5900**

### Monument

**Optum Medical Group (DaVita)** ●  
15909 Jackson Creek Parkway  
Monument, CO 80132  
**719-488-9933**

2. Medicare not accepted at these locations.

## Behavioral Health

The following are in-network for KP Select plans.

### Central

To schedule an appointment, call our Behavioral Health Access Center at **303-471-7700** (TTY **711**), Monday through Friday, 8:30 a.m. to 5 p.m.

#### Boulder

##### Baseline Behavioral Health

580 Mohawk Drive  
Boulder, CO 80303

#### Denver

##### Highline Behavioral Health

10350 E. Dakota Ave.  
Denver, CO 80247

*Entrance located on east side of building*

##### Skyline Medical Offices

1375 E. 20th Ave.  
Denver, CO 80205

#### Highlands Ranch

##### Ridgeline Behavioral Health Center

9139 S. Ridgeline Blvd.  
Highlands Ranch, CO 80129

#### Westminster

##### Hidden Lake Behavioral Health

7701 Sheridan Blvd.  
Westminster, CO 80003

### Northern

Call the Kaiser Permanente Behavioral Health Access Center at **1-866-359-8299** (TTY **711**), Monday through Friday, 8:30 a.m. to 5 p.m., for assistance.

### Southern

Call **Beacon Health Options** at **1-866-702-9026** (TTY **1-866-835-2755**), anytime, day or night for behavioral health and chemical dependency services.

## In-patient Hospital Care

If you require a scheduled hospitalization, your doctor will most likely refer you to one of the following in-plan hospitals. For questions about your hospital admission copayment, deductible, or coinsurance, please review your Evidence of Coverage, Membership Agreement, or Certificate of Insurance. See previous page for hospital addresses.

● **In-network for members on KP Select plans.**

### Central

#### Aurora

Children's Hospital Colorado  
Anschutz Medical Campus ●

HealthONE The Medical Center of Aurora

#### Broomfield

Children's Hospital Colorado  
North Campus ●

#### Denver

Rocky Mountain Hospital for Children

#### Englewood

HealthONE Swedish Medical Center

#### Lafayette

SCL Health Good Samaritan Medical Center ●

#### Lone Tree

HealthONE Sky Ridge Medical Center

SCL Health Saint Joseph Hospital – Denver ●

#### Wheat Ridge

SCL Health Lutheran Medical Center ●

### Northern

#### Estes Park

Estes Park Medical Center

#### Fort Collins

Banner Fort Collins Medical Center

#### Greeley

Banner North Colorado Medical Center

#### Loveland

Banner McKee Medical Center

### Southern

#### Cañon City

St. Thomas More Hospital

#### Colorado Springs

Children's Hospital Colorado, Colorado Springs ●

Penrose Hospital<sup>2</sup>

St. Francis Medical Center<sup>2</sup>

UCHealth Grandview Hospital ●

UCHealth Memorial Hospital Central ●

UCHealth Memorial Hospital North ●

#### Pueblo

Parkview Medical Center

#### Woodland Park

UCHealth Pikes Peak Regional Hospital ●



For the latest information on all of our facilities, including hours and department listings, visit [kp.org/locations](https://kp.org/locations).

2. Medicare not accepted at these locations.



**1.** Kaiser Permanente improved blood pressure control in our Black/African-American members with hypertension, raised colorectal cancer screening rates in our Hispanic/Latino members, and improved blood sugar control in our members with diabetes. Self-reported race and ethnicity data are captured in KP HealthConnect, and HEDIS® measures are updated quarterly in the interregional CORE Datamart. **2.** When appropriate and available. If you travel out of state, phone appointments and video visits may not be available due to state laws that may prevent doctors from providing care across state lines. Laws differ by state. **3.** High deductible health plans may require a copay or coinsurance for phone appointments and video visits. **4.** Available on most prescription orders; additional fees may apply. For more information, contact the pharmacy. **5.** Same-day and next-day prescription delivery services may be available for an additional fee. These services are not covered under your health plan benefits and may be limited to specific prescription drugs, pharmacies, and areas. Order cutoff times and delivery days may vary by pharmacy location. Kaiser Permanente is not responsible for delivery delays by mail carriers. Kaiser Permanente may discontinue same-day and next-day prescription delivery services at any time without notice and other restrictions may apply. Medi-Cal and Medicaid beneficiaries should ask their pharmacy for more information about prescriptions. **6.** These features are available when you get care from Kaiser Permanente facilities. To use the Kaiser Permanente app, you must be a Kaiser Permanente member registered on [kp.org](https://kp.org). **7.** Kaiser Permanente 2021 HEDIS® scores. Benchmarks provided by the National Committee for Quality Assurance (NCQA) Quality Compass® and represent all lines of business. Kaiser Permanente combined region scores were provided by the Kaiser Permanente Department of Care and Service Quality. The source for data contained in this publication is Quality Compass 2021 and is used with the permission of NCQA. Quality Compass 2021 includes certain CAHPS data. Any data display, analysis, interpretation, or conclusion based on these data is solely that of the authors, and NCQA specifically disclaims responsibility for any such display, analysis, interpretation, or conclusion. Quality Compass® and HEDIS® are registered trademarks of NCQA. CAHPS® is a registered trademark of the Agency for Healthcare Research and Quality. **8.** Some of these services may not be covered under your health plan benefits or subject to the terms set forth in your *Evidence of Coverage* or other plan documents. Services that aren't health plan benefits may be discontinued at any time without notice. **9.** Kaiser Permanente Telehealth Insights Dashboard. **10.** For a complete list of services you can use your HSA to pay for, see Publication 502, Medical and Dental Expenses, at [irs.gov](https://irs.gov). **11.** Available in select ZIP codes. **12.** Affiliated providers practice outside Kaiser Permanente medical offices. Visit [kp.org/findadoctor](https://kp.org/findadoctor) for a list of participating providers. Primary care visits with an affiliated provider may have a higher copay and coinsurance than visits with a Kaiser Permanente primary care provider. **13.** If you think you are experiencing an emergency medical condition, call 911, or if time and safety permit, go to the nearest emergency room. Your care will be covered. For a complete definition of an emergency medical condition, please refer to your *Evidence of Coverage, Membership Agreement, or Certificate of Insurance* at [kp.org/eoc](https://kp.org/eoc). **14.** Chat with a doctor or mental health specialist, video, and phone services are offered at no additional cost for most health plans. For these services, some PPO or high deductible health plans are subject to a copayment, coinsurance or deductible first before being provided at no additional cost. Review your *Evidence of Coverage, Membership Agreement, or Certificate of Insurance*, or call Member Services at **303-338-3800** or **1-800-632-9700 (TTY 711)**, Monday through Friday, from 8 a.m. to 6 p.m., for your plan. details. **15.** The Ginger coaching services described above are not covered under your health plan benefits, are not a Medicare-covered benefit, and are not subject to the terms set forth in your *Evidence of Coverage* or other plan documents. These services may be discontinued at any time without notice. The coaching services are not available to any members under 18 years old. The coaching services are not available to anyone enrolled in the State of Colorado's Fee-for-Service Medicaid program and receiving primary care medical provider services from Kaiser Permanente.

## NONDISCRIMINATION NOTICE

Kaiser Foundation Health Plan of Colorado (Kaiser Health Plan) complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Kaiser Health Plan does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex. We also:

- Provide no-cost aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats, such as large print, audio, and accessible electronic formats
- Provide no-cost language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, call **1-800-632-9700** (TTY **711**).

If you believe that Kaiser Health Plan has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance by mail at: Customer Experience Department, Attn: Kaiser Permanente Civil Rights Coordinator, 10350 E. Dakota Ave, Denver, CO 80247, or by phone at Member Services **1-800-632-9700** (TTY **711**).

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, **1-800-368-1019**, (TTY **1-800-537-7697**). Complaint forms are available at [hhs.gov/ocr/office/file/index.html](https://hhs.gov/ocr/office/file/index.html).

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## HELP IN YOUR LANGUAGE

**ATTENTION:** If you speak English, language assistance services, free of charge, are available to you. Call **1-800-632-9700** (TTY **711**).

**አማርኛ (Amharic) ማስታወሻ:** የሚናገሩት ቋንቋ አማርኛ ከሆነ የትርጉም እርዳታ ድርጅቶች፣ በነጻ ሊያገለግሉት ተዘጋጅተዋል። ወደ ሚከተለው ቁጥር ይደውሉ **1-800-632-9700** (TTY **711**)።

**العربية (Arabic) ملحوظة:** إذا كنت تتحدث العربية، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم **1-800-632-9700** (TTY **711**) .

**Bàsòò Wùdù (Bassa) Dè dɛ nià kɛ dyédé gbo:** ɔ jũ ké m̀ Bàsòò-wùdù-po-nyò jũ ní, níí, à wuɖu kà kò d̀ò po-poò bèìn m̀ gbo kpáa. Đá **1-800-632-9700** (TTY **711**)

**中文 (Chinese) 注意:** 如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 **1-800-632-9700** (TTY **711**) 。

**فارسی (Farsi) توجه:** اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. با **1-800-632-9700** (TTY **711**) تماس بگیرید.

**Français (French) ATTENTION:** Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le **1-800-632-9700** (TTY **711**).

**Deutsch (German) ACHTUNG:** Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung.  
Rufnummer: **1-800-632-9700** (TTY **711**).

**Igbo (Igbo) NRUBAMA:** Ọ bụrụ na ị na asụ Igbo, ọrụ enyemaka asụsụ, n'efu, dijiri gi. Kpọọ **1-800-632-9700** (TTY **711**).

**日本語 (Japanese) 注意事項:** 日本語を話される場合、無料の言語支援をご利用いただけます。 **1-800-632-9700** (TTY **711**) まで、お電話にてご連絡ください。

**한국어 (Korean) 주의:** 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. **1-800-632-9700** (TTY **711**) 번으로 전화해 주십시오.

**Naabeehó (Navajo) Díí baa akó nínízin:** Díí saad bee yáníłti'go Diné Bizaad, saad bee áká'ánída'áwo'déé', t'áá jiik'eh, éi ná hóló, koji' hódíłnih **1-800-632-9700** (TTY **711**).

**नेपाली (Nepali) ध्यान दिनुहोस्:** तपाईंले नेपाली बोल्नुहुन्छ भने तपाईंको निम्ति भाषा सहायता सेवाहरू निःशुल्क रूपमा उपलब्ध छ । **1-800-632-9700** (TTY: **711**) फोन गर्नुहोस् ।

**Afaan Oromoo (Oromo) XIYYEEFFANNAA:** Afaan dubbattu Oroomiffa, tajaajila gargaarsa afaanii, kanfaltiidhaan ala, ni argama. Bilbilaa **1-800-632-9700** (TTY **711**).

**Русский (Russian) ВНИМАНИЕ:** если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните **1-800-632-9700** (TTY **711**).

**Español (Spanish) ATENCIÓN:** si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-800-632-9700** (TTY **711**).

**Tagalog (Tagalog) PAUNAWA:** Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad.  
Tumawag sa **1-800-632-9700** (TTY **711**).

**Tiếng Việt (Vietnamese) CHÚ Ý:** Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số **1-800-632-9700** (TTY **711**).

**Yorùbá (Yoruba) AKIYESI:** Ti o ba nso ede Yoruba ofe ni iranlowo lori ede wa fun yin o. E pe ero ibanisoro yi **1-800-632-9700** (TTY **711**).

# Let us help you find your healthy place

Having a good health plan is important for peace of mind. So is getting quality care. With Kaiser Permanente, you get both.

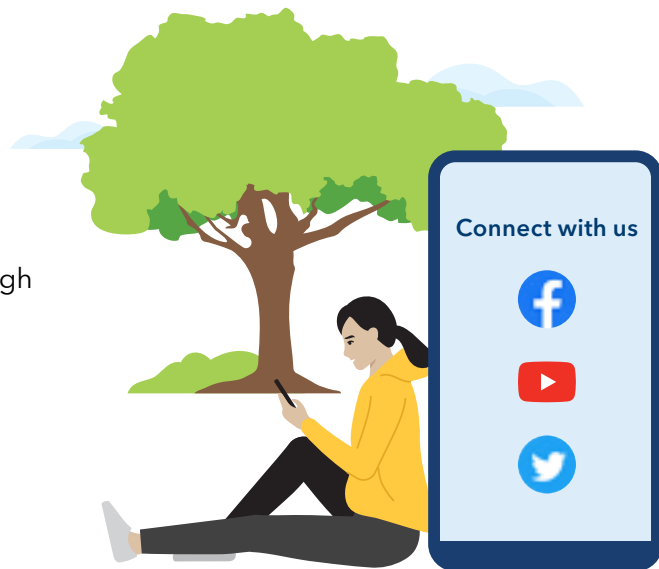
## Want to learn more?

Talk to an enrollment specialist today about specialty care, extra features, and more.

Call **1-800-494-5314** (TTY 711).

Visit [kp.org/myhealthyplace](https://kp.org/myhealthyplace) to see how we can make your care experience better, no matter what stage of life you're in.

**Current members with questions** can call our Member Service Contact Center at **1-800-632-9700** (TTY 711), Monday through Friday, 8 a.m. to 6 p.m. Mountain time.



Colorado state law requires that an Access Plan be available that describes Kaiser Foundation Health Plan of Colorado's network of provider Services. To obtain a copy, please call Member Services or visit [kp.org](https://kp.org).

All plans are offered and underwritten by Kaiser Foundation Health Plan of Colorado, 10350 E. Dakota Ave., Denver, CO 80247.